

Referenzwerte für den Normalbereich

Diese Liste dient nur zur Information. Jedes Labor sollte die Anwendbarkeit der erwarteten Werte auf seine eigene Patientenpopulation untersuchen und bei Bedarf seine eigenen erwarteten Werte festlegen.

| No. | Parameter | | Referenzbereich | | |
|-----|-----------|--------------------------------|------------------|-----------------|------------------|
| 1 | ALT | Alanin-Aminotransferase | Männer | 9.0-59.0 IU/L | 0.15-0.98 ukat/L |
| | | | Frauen | 7.8-41.0 IU/L | 0.13-0.68 ukat/L |
| 2 | AST | Aspartat-Aminotransferase | Männer | 13.9-35.1 IU/L | 0.23-0.59 ukat/L |
| | | | Frauen | 11.0-33.4 IU/L | 0.18-0.56 ukat/L |
| 3 | BUN | Blut-Harnstoff-Stickstoff | | 8-23 mg/dL | 2.9-8.2 mmol/L |
| 4 | CK | Kreatinkinase | Männer | 20-200 IU/L | 0.33-3.33 ukat/L |
| | | | Frauen | 20-180 IU/L | 0.33-3.00 ukat/L |
| 5 | CRE | Kreatinin | Männer | 0.62-1.1 mg/dL | 55-96 umol/L |
| | | | Frauen | 0.45-0.75 mg/dL | 40-66 umol/L |
| 6 | GGT | γ -Glutamyl-Transferase | Männer | 11.7-67.5 IU/L | 0.20-1.13 uKat/L |
| | | | Frauen | 6.4-39.7 IU/L | 0.11-0.66 uKat/L |
| 7 | GLU | Glukose | Fasten | 60-130 mg/dL | 3.3-7.2 mmol/L |
| 8 | Hb | Hämoglobin | Männer | 13.2-17.3 g/dL | 132-173 g/L |
| | | | Frauen | 11.7-15.5 g/dL | 117-155 g/L |
| 9 | HbA1c | HbA1c | Normal | < 5.7 % | < 39 mmol/mol |
| | | | Prädiabetes | 5.8-6.4 % | 40-46 mmol/mol |
| | | | Diabetes | > 6.5 % | > 48 mmol/mol |
| 10 | HDL | Lipoprotein hoher Dichte | Männer | \geq 40 mg/dL | 1.04 mmol/L |
| | | | Frauen | \geq 50 mg/dL | 1.30 mmol/L |
| 11 | K | Kalium | Männer | 3.5-4.5 mmol/L | 3.5-4.5 mEq/L |
| | | | Frauen | 3.4-4.4 mmol/L | 3.4-4.4 mEq/L |
| 12 | TC | Gesamtcholesterin | | < 200 mg/dL | < 5.18 mmol/L |
| 13 | TG | Triglyceride | Erwünscht | < 150 mg/dL | < 1.70 mmol/L |
| | | | Grenzwertig hoch | 150-199 mg/dL | 1.70-2.25 mmol/L |
| | | | Hoch | 200-499 mg/dL | 2.26-5.64 mmol/L |
| | | | Sehr hoch | > 500 mg/dL | > 5.65 mmol/L |
| 14 | UA | Harnsäure | Männer | 4.0-8.5 mg/dL | 248-506 umol/L |
| | | | Frauen | 2.7-7.3 mg/dL | 161-434 umol/L |
| 15 | CRP | C-reaktives Protein | | < 1.0 mg/dL | < 92.23 nmol/L |

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